

# January 2024

## ADULT PROGRAMS

### Featured Adult Programs

#### **SMART Recovery Coffee & Conversation**

**Tuesdays, 4:30-6 pm | WILSON**

SMART Recovery stands for Self-Management and Recovery Training, a science-based addiction recovery support group.

#### **BookLovers' Circle**

**Thursday, January 4, 10-11 am | MITCHELL**

Here's a chance to share with other booklovers in an informal setting. Take twenty seconds to tell us about the book you're reading right now or just finished.

#### **Mindfulness Matters**

**Mondays, January 8, 22, and 29,  
10:30-11:30 am | WILSON**

This program is lead by Prabha Makayee, a long time practitioner and facilitator of mindfulness events in CT. Together with peers, practice dropping labels and tuning into yourself.

#### **Fair Haven Book Club**

**Monday, January 8, 2-3 pm | FAIR HAVEN**

Join for a discussion of *Hang the Moon* by Jeannette Walls. Sallie Kincaid comes of age in Prohibition-era Virginia, eventually becoming a feared bootlegger.

#### **Alternatives to Suicide**

**Tuesdays, January 9 and 23, 6:30-7:30 pm | IVES**

Join this peer led support group that allows participants to talk about suicidal thoughts, feelings, or experiences without fear of judgement or hospitalization. Participants share their struggles and successes, provide support for one another, and strategize coping methods.

#### **Affordable Connectivity Program Sign-Up**

**Thursday, January 11, 10:30 am-1:30 pm | IVES**

Eligible New Haven residents can save up to \$30 a month on home internet service. Get help signing up at this in-person event presented by CfAL for Digital Inclusion.

#### **Junta's Know Your Rights Workshop**

**Thursday, January 11, 5-6 pm | FAIR HAVEN**

Our friends from Junta for Progressive Action will hold a bilingual information session for immigrants to understand the rights and services available to them.

#### **Computer Basics Classes**

##### **Mouse and Keyboard**

**Friday, January 12, 1-2 pm | IVES**

Learn the basics of operating a mouse and get an introduction to some of the unique functions of the keyboard. This class for adults requires no computer experience. Walk-ins are welcome.

##### **Windows Operating System**

**Friday, January 26, 1-2 pm | IVES**

Learn the basics of the Windows desktop, and get an introduction to starting programs, manipulating windows for efficiency, and finding folders and files. Walk-ins are welcome.

#### **Classic Cinema: *All About Eve***

**Saturday, January 13, 1-3:30 pm | FAIR HAVEN**

Join us for a classic film. Popcorn and soda are on us! An aspiring actress manipulates her way into the life of a Broadway star, threatening a veteran's career and relationships in the process. Rated: PG

#### **Author Talk and Book Signing with Romance**

##### **Author Tara L. Roi**

**Saturday, January 13, 2-4 pm | MITCHELL**

Come and meet romance author Tara Roi. Roi writes about quirky older characters who are professionals in their fields and care about the environment.

#### **Yale University Art Gallery Community Engagement**

**Tuesday, January 16, 3-5 pm | FAIR HAVEN**

**Wednesday, January 17, 3-5 pm | WILSON**

**Wednesday, January 17, 5:30-6:30 pm | STETSON**

**Tuesday, January 23, 3-5 pm | IVES**

Share your feedback on public programming at the Gallery with members of the Yale University Art Gallery Public Programming team. Participate in drop-in conversations and a book-making activity.

#### **Ever Chasing Alchemy**

**Wednesday, January 17, 2:50-3:50 pm | IVES**

Join the Educational Center for the Arts Improv Group for an hour of laughter and fun. This event is open to teens and adults.

#### **Computer Basics: Getting Started**

**Thursday, January 18, 4-5:30 pm | WILSON**

Learn the basics of using a computer and practice using a mouse. This class is recommended for people with little to no experience. Limited space available. Registration is required.

### Humanist Association of Connecticut Book Discussion: *Poverty, by America* by Matthew Desmond

**Saturday, January 20, 2:30-4:30 pm | WILSON**

Join a monthly book club hosted by the [Humanist Association of Connecticut](#) and discuss *Poverty, by America* by Matthew Desmond. All are welcome!

### Fair Haven Community Health Care Addiction Services Info Session

**Thursday, January 25, 6-7 pm | FAIR HAVEN**

Eddy Cordova-Coello of our friends at Fair Haven Community Health will lead a bilingual info session on FHCHC's services for those battling addiction especially within the Latinx community.

### VITA Tax Prep

**Saturday, January 27, 1-4 pm | WILSON**

**Tuesday, January 30, 4:30-7 pm | WILSON**

VITA tax prep volunteers offer free, in-person services to qualifying community members. Appointments are booked one week in advance every Tuesday at 6 pm. Sign up by visiting the Wilson Library or calling (203)946-2228.

### The Year of Baldwin Featuring the Film *I Am Not Your Negro*

**Monday, January 29, 5-7:30 pm | MITCHELL**

As part of a nationwide series of activities commemorating 100 Years of James Baldwin, KulturellyLit will host a film screening of *I Am Not Your Negro*, followed by a talk-back led by local business leader Erik Clemmons.

### Ongoing Programs

#### Fair Haven Community Management Team Meeting

**Thursday, January 4, 6-8 pm | FAIR HAVEN**

#### Meet Your Alder

**Saturday, January 6, 10-11 am | FAIR HAVEN**

Ward 14 Alder Sarah Miller will be here to answer your questions and address your concerns about city affairs.

#### English Conversation Club

**Wednesdays, 4-6 pm | FAIR HAVEN**

#### Music Room Open Hours

**Wednesdays, 5-6 pm | WILSON**

### Liberty Community Services Assistance

**Thursdays, 12-4:30 pm | FAIR HAVEN**

### Meditation with Elm Community Insight

**Saturdays, 10:30 am-12 pm | IVES**

### Ives Squared

#### Ives Squared Mobile Switchboard

**Monday, January 8, 2:30-5:30 pm | FAIR HAVEN**

Learn about what Ives Squared can do for you and explore using one of our free maker tools!

**Wednesday, January 17, 2:30-5:30 pm | MITCHELL**

Adults can learn about Ives Squared and participate in a fun grown-up activity while kids are working on their own projects!

**Wednesday, January 24, 2:30-5:30 pm | STETSON**

Join us to explore how Ives Squared can support the entrepreneurial ecosystem in your community.

**Monday, January 29, 2:30-5:30 pm | WILSON**

The Wilson Branch has a Cricut machine. Learn how to create designs for it and explore other free resources!

### Exchange

#### Self-Publishing 101

**Saturday, January 27, 2-3:30 pm | IVES**

Come learn about different popular self-publishing options and how they compare to each other.

Register: [nhfpl.libnet.info/event/9601148](http://nhfpl.libnet.info/event/9601148)

### Tinker Lab

#### The Stitch Niche

**Tuesday, January 9, 6-7:30 pm | IVES**

Bring your current knitting, sewing, crocheting, or other fiber arts projects and meet with other crafters in a casual setting! No experience necessary. A small amount of supplies will be available for beginners.

Register: [nhfpl.libnet.info/event/9516627](http://nhfpl.libnet.info/event/9516627)

#### Photoshop Basics

**Saturday, January 20, 2-3:30 pm | IVES**

This is a beginner course for those interested in learning the foundations of Photoshop. No prior experience is necessary but having some computer skill is helpful. Computers with Adobe software will be provided for use during the program.

Register: [nhfpl.libnet.info/event/9516567](http://nhfpl.libnet.info/event/9516567)