

December 2022

ADULT PROGRAMS

Featured Adult Programs

Internet Basics

Thursday, December 1, 5:30pm | IVES

Join Adult Services Librarian Samantha Bailey for an hour-long computer course that covers the structure, usage, and nature of the internet. Time for questions to follow. Basic mouse and keyboarding skills are required for this course. Space is limited and registration is required. [Register](#)

An Evening With James Walker, Author of *Dead Windows: My Long Journey Out of Domestic Violence*

Monday, December 5, 6pm | MITCHELL

James Walker is a columnist for Hearst Connecticut Media who previously was the senior editor of the New Haven Register. His book, just released on September 26, describes witnessing his mother's abuse at the hands of his father, also examining the toll this takes on the mental health of Black men who witnessed this kind of abuse while growing up.

Fun With Foreign Shakespeare

Monday, December 5, 7-8pm | ZOOM

Join us for a new film discussion group focusing on the works of William Shakespeare as they have been adapted throughout the world! This month we will be discussing the 2003 filmed production of [Macbeth](#) starring Patrick Stewart, available free with your library card on Kanopy. [Register](#)

Inklings Writer's Workshop

Tuesday, December 6, 6:30pm | WILSON

Join artist, musician, and writer Briana Williams and Arts Paper editor Lucy Gellman in person for the Inklings Writer's Workshop. Teens and adults are welcome! Made possible with the support of the City of New Haven.

Fair Haven Community Health Care: Emotional Eating workshop

**Wednesday, December 7, 3-4pm
FAIR HAVEN**

Join our friends from Fair Haven Community Health as they discuss how to gain control of emotional eating habits as we enter the holiday and new year's resolution season.

QPR & Suicide Prevention: Presented by New Haven Office of Mental Health Initiatives

Monday, December 7, 5:30pm | IVES

Join us for a free 90-minute training with Lorena Mitchell, City of New Haven's Coordinator for Community Mental Health Initiatives. Question, Persuade, Refer (QPR) is a practical and proven suicide prevention training. Space is limited and registration is required. Learn more about QPR at www.qprinstitute.com. [Register](#)

Crafts for Adults: Zen Garden

Thursday, December 8, 6-7pm | FAIR HAVEN

Stop in to create a peaceful Zen Garden, a meditative gift for someone you know or yourself. Make new friends or invite one to join you.

Music Haven String Quartet Concert with Student Groups

Saturday, December 10, 11am | FAIR HAVEN

Our 105th birthday of serving Fair Haven features our friends at [Music Haven](#) playing the diverse and appealing music of four living composers. After the concert there will be a "petting zoo" for anyone to learn more about the instruments the musicians play. Also join us for birthday cake and refreshments!

New Haven in the 1910s and 20s Postcard Event

Saturday, December 10, 1-2pm | FAIR HAVEN

Join us for another featured event as we celebrate our 105th birthday serving Fair Haven. Local historian Joe Taylor will present rare postcards from his collection of how the Elm City and Fair Haven looked a century ago. Birthday cake and refreshments available before the event.

Humanist Association of Connecticut Book Discussion Reads *Grace Without God*

**Saturday, December 17, 2:30-4:30pm
WILSON**

Join a monthly book club hosted by the [Humanist Association of Connecticut](#) and discuss great books. In this thought-provoking exploration of secular America, celebrated journalist Katherine Ozment takes readers on a quest to understand the trends and ramifications of a nation in flight from organized religion. All are welcome!

Featured Adult Programs Continued

Animation Celebration: Johnny Corncob Monday, December 19, 7pm | ZOOM

Join our online movie discussion club focusing on animated films from around the world and throughout history! This month we'll be talking about the first feature-length animated film ever produced in Hungary, János Vitéz ("Johnny Corncob", in English), directed by Marcell Jankovics. [Register](#)

Yoga and Movement

Thursday, December 29, 6-7pm FAIR HAVEN

Get ahead of your new year's resolutions to get moving with a new FREE monthly program for adults! All levels of experience, including beginners, welcome! Our instructor Deb Crowley is a 200hr Kripalu Yoga Instructor who has been practicing for over 20 years. Wear comfortable clothing suitable for exercise, and it's recommended you bring a yoga/exercise mat or folded blanket or cushion.

Ongoing Programs

Ask a Lawyer

Thursday, December 8, 5:30-7:30pm | IVES

Every second Thursday of the month in partnership with the [New Haven County Bar Association](#).

Music Room Open Hours

Wednesdays, 5-6pm | WILSON

Meditation with Elm Community Insight

Saturdays, 10:30am | IVES

Ives Squared

Exchange

Entrepreneur-in-Residence Office Hours

Tuesdays, 10am-12pm

Wednesdays, 1-3pm

All appointments are in-person in December.

[Make an appointment](#)

Session 1: Building Sustainable Teams: HR and Self Care Strategies to Create a Team that Lasts

Tuesday, December 13, 12-1:30pm | ZOOM

In this session, we will review strategies to create a healthy employee lifecycle from applicant to offboarding. We will review strategies to weave self-care into your policies and practices so that you can create a thriving team that avoids burnout. Special guest speaker: Barb Nangle, higherpowercc.com.

[Register](#)

Session 2: Strategic Priorities for the Growing Nonprofit: How to Create a Strategic Plan and a Board That Works for You

Monday, December 19, 5-6:30pm | ZOOM

As we wrap up the year, let's start thinking about what's next! Strategic planning is a useful tool for a nonprofit of any size. We'll walk through how to build a basic strategic plan that will carry you into 2023 and beyond. A key part of your strategy will be board development! So bring any and all questions you have about how to grow, maintain, and manage your board of directors. Special guest speaker: Diana Essex-Lettieri, [find her on LinkedIn!](#) [Register](#)

Tinker Lab

Creative-in-Residence Office Hours

Mondays, 6-8 pm (In-Person)

Tuesdays, 1-3 pm (Virtually)

[Make an appointment](#)

Logo Design Series | Part 1: Concept

Workshop with Digital Designer Alana Ladson and CIR Vicky Blume

Wednesday, December 7, 6-7:30 pm | IVES

Do you want your brand to shine? Start with a strong, eye-catching logo design. Join for an interactive logo design workshop, covering topics like logo concept development, color selection, and impactful shapes. Participants will be guided through a hands-on design exercise on paper, to focus on color, line, and shape. No computers will be used, and no design experience required! Refreshments will be provided. [Register](#)

Logo Design Series | Part 2: Canva Workshop with Digital Designer Alana Ladson and CIR Vicky Blume

Saturday, December 10, 1-3 pm | IVES

Intimidated by Illustrator and Photoshop? We feel you. Join an interactive logo design workshop using Canva. Participants will be introduced to the Canva interface and review logo ideas as a group before diving into a logo design hour. No design experience required! Refreshments will be provided. [Register](#)

Find a full list of Ives Squared programming at nhfpl.org/programs/ives-squared/events-cafe/