

# November 2022

## ADULT PROGRAMS

### Featured Adult Programs

#### **Inklings Writer's Workshop**

**Tuesday, November 1, 6:30pm | WILSON**  
Join artist, musician, and writer Briana Williams and Arts Paper editor Lucy Gellman in person for the Inklings Writer's Workshop. Teens and adults are welcome! Made possible with the support of the City of New Haven.

#### **History, Health & Humanities: Community Discussion Group**

**Tuesday, November 1, 6:30 pm | WILSON**  
**Tuesday, November 15, 6:30 pm | WILSON**  
History, Health, and Humanities (HHH) is a discussion group that brings together community members, medical students, residents, and anyone else interested in discussing the social and political history of medicine and its impact on our lives today. Join us to discuss the relationship between patients' and providers' anger and medical care. Refreshments will be served. Seating is limited, first come - first serve.

#### **Internet Basics**

**Thursday, November 3, 5:30 pm | IVES**  
Join Adult Services Librarian Samantha Bailey for an hour-long computer course that covers the structure, usage, and nature of the internet. Time for questions to follow. Basic mouse and keyboarding skills are required for this course. Space is limited and registration is required. [Register](#)

#### **The Haven String Quartet**

**Saturday, November 5, 11 am | MITCHELL**  
The Haven String Quartet members are not only world-class musicians but are also teachers at [Music Haven](#), the non-profit music education program here in New Haven. Come out and hear them perform as they bring outstanding chamber music to New Haven neighborhoods.

#### **Getting A Good Night's Sleep: Presented by Soleil Acupuncture + Naturopathic Wellness**

**Monday, November 7, 6 pm | IVES**

Join Dr. Lyndsey Maher of [Soleil Acupuncture + Naturopathic Wellness](#) to learn more about sleep hygiene and how to achieve more restful sleep.

[Register](#)

#### **The Importance of Focus in a World of Distraction**

**Monday, November 7, 6 pm | MITCHELL**

Do you want more out of life? Do you find yourself distracted? Do you wish you could be more focused and achieve more? Former illusionist, Greg Dwyer will show you how to create real magic in your life for getting more of what you desire.

#### **What Probate Court Means to You**

**Monday, November 14, 6 pm | MITCHELL**

As Judge Clifton Graves nears the end of his Probate Court Tenure, he'll be visiting Mitchell Library to discuss how wills, guardianships, conservatorships, and other probate matters affect New Haven residents.

#### **Animation Celebration: Charlotte**

**Monday, November 14, 7 pm | MITCHELL**

Join our online movie discussion club focusing on animated films from around the world and throughout history! This month we'll be talking about a more recent film: [Charlotte](#) (2021), a biographical drama about German painter Charlotte Salomon, directed by Éric Warin and Tahir Rana.

[Register](#)

#### **Democracy in America**

Join us for the fifth year of this monthly virtual discussion series with renowned academic minds. Presented in partnership with Public Humanities at Yale.

#### **Spaces for Democracy: The Goffe Street Armory as Civic Infrastructure**

**Tuesday, November 15, 7 pm | ZOOM**

Matthew Jacobson, Sterling Professor of American Studies and History, in discussion with Elihu Rubin, Associate Professor of Urbanism at the Yale School of Architecture with a secondary appointment in American Studies. [Join via Zoom](#)



New Haven Free Public Library

### Featured Programs Continued

**Humanist Association of Connecticut Book Discussion Reads *Woke Racism: How a New Religion Has Betrayed Black America***  
**Saturday, November 19, 2:30-4:30 pm**  
**WILSON**

Join a monthly book club hosted by the **Humanist Association of Connecticut** and discuss great books. All are welcome!

**POUND on the Patio – Cardio Drumming!**  
**Saturday, November 26, 11 am | IVES**

Our popular fitness class returns in response to popular demand! POUND transforms drumming into an incredibly effective way of working out. This class is designed for all fitness levels and those new to POUND. Wear comfortable exercise clothes and sneakers. In the event of inclement weather, this program will move inside the building. [Register](#)

**Classic Cinema: *Goldfinger***

**Saturday, November 26, 1:30 pm**  
**FAIR HAVEN**

James Bond tries to nail a saboteur bent on depleting America's gold reserve by robbing Fort Knox. Starring: Sean Connery, Gert Frobe, Honor Blackman, Shirley Eaton, and Tania Mallet. Popcorn and soda are on us!

### Ongoing Programs

**Fair Haven Community Management Team Meeting**

**Thursday, November 3, 6–8pm | FAIR HAVEN**

**Ask a Lawyer**

**Thursday, November 10, 5:30-7:30pm | IVES**

Every second Thursday of the month in partnership with the [New Haven County Bar Association](#).

**English Conversation Club**

**Wednesdays, 4-6pm | FAIR HAVEN**

**Music Room Open Hours**

**Wednesdays, 5-6pm | WILSON**

**Meditation with Elm Community Insight**

**Saturdays, 10:30am | IVES**

### Ives Squared Programs

**Exchange**

**Entrepreneur-in-Residence Office Hours**

**Tuesdays, 10 am-12 pm (Virtually)**

**Wednesdays, 1-3 pm (In-Person)**

[Make an appointment](#)

**Tinker Lab**

**Creative-in-Residence Office Hours**

**Mondays, 6-8 pm**

**Tuesdays, 1-3 pm**

[Make an appointment](#)

Find a full list of Ives Squared programming at

[nhfpl.org/programs/ives-squared/events-cafe/](http://nhfpl.org/programs/ives-squared/events-cafe/)

**NEW HAVEN FREE PUBLIC LIBRARY**

133 Elm Street New Haven CT 06510 203-946-8130 [www.nhfpl.org](http://www.nhfpl.org)