



TAKE AND MAKE KITS

Herbal-infused hand salve

Supplies

The supplies included in this kit are:

- ¾ cup Coconut oil
- 1 oz. Beeswax pellets
- Dried flowers or botanicals
- Glass jar

The supplies you may need to provide are:

- Double boiler or two stainless steel pots (one smaller than the other)
- Strainer
- Essential oils (optional)

Instructions for Herbal-infused Body Oil

1. Add your botanicals to a clean, dry container. Pour the oil over, ensuring everything is submerged.
2. Let sit for six to eight weeks, agitating daily if possible by turning the jar over a few times. Some oils will visibly change after they sit as colors transfer but others won't.
3. After the oil is infused and the scent you desire is achieved, strain out the botanicals. Here you may choose to add essential oils to boost or compliment the scent.
4. Apply in small amounts to the face and liberally to body and hair.

Instructions for Hand and Body Salve

1. In a double boiler, add beeswax. Heat until fully melted, then add herbal-infused oil slowly until mixture is thick, but not stiff. It should be easily spreadable once cool. Play with consistency by adding more oil for a softer salve and less for a harder one, like lip balm.
2. Pour into jar and allow to cool. You can use your fridge to speed cooling. Label with scent and date.
3. Use as a lip balm, pomade, or skin conditioner, applying fresh out of the shower while your skin is still damp for the utmost hydration and long lasting moisture.

When stored in a cool, dry place out of direct sunlight, your oil or salve should last six months to a year.

These instructions are taken from the Creativebug classes Make an Herbal Infused Body Oil and Make Hand and Body Salve. You can watch videos of these classes for free with your library card:

<https://www.creativebug.com/classseries/single/make-an-herbal-infused-body-oil>

<https://www.creativebug.com/classseries/single/make-hand-and-body-salve>

What next?

If you would like to learn more about making body care products, try one of these ebooks, available through Hoopla:

- Nourishing Body Butter Recipes <https://www.hoopladigital.com/title/13596247>
- DIY Homemade Shampoo <https://www.hoopladigital.com/title/13611436>
- Making Aromatherapy Creams & Lotions <https://www.hoopladigital.com/title/11809570>
- Make Your Own Soaps, Lotions, & Moisturizers <https://www.hoopladigital.com/title/14304684>