



Sew Your Own Potholder

FRONT



BACK



YOU WILL LEARN TO:

1. Sew together a potholder
2. Sew on bias tape



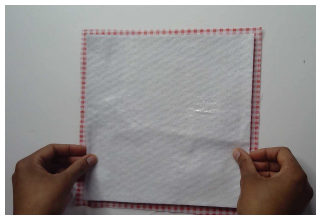
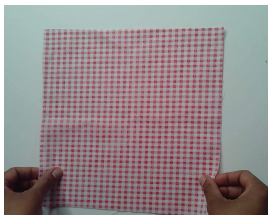
TOOLS & MATERIALS



- Two 10" square pieces of cotton fabric
- One 10" square cotton batting
- One 10" square heat resistant batting (Insul Bright)
- Sewing Needle or Sewing Machine
- Thread
- One 45" strip of bias tape
- Scissors



Step 1: Fold either your front or back fabric in half 3 times and iron to creases. The creases will serve as guides for sewing your layers of fabric together.



Step 2: Assemble your materials so your cotton batting and heat resistant batting are sandwiched in between your main fabrics.

Note: The front/right side of your main fabrics should be facing outside so you can see the print.

Make sure your materials are all centered. Some fabric may be a little bigger, and that is okay.



Step 3: Pin your layers together in the center and on the corners to hold everything in place.



Step 4: Thread your sewing needle and tie a knot at the end of your thread. Take your time to sew a running stitch across each crease line and through all layers of fabric.

Note: When you reach the end of each line of stitches, tie a knot and cut your thread before continuing on to the next.
You should have 7 rows of stitches.

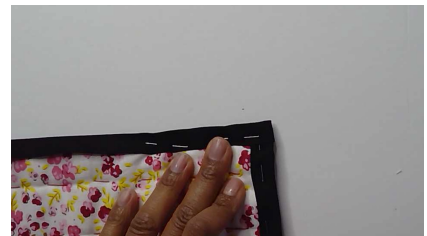
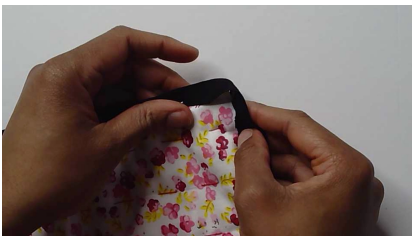


Step 5: Trim away any extra fabric peeking out along the edges, being careful not to cut into any of your stitches.



Step 6: Open your bias tape and sandwich the folded edge around the edge of your fabrics. Pin as you go along.

Note: Make sure the bias tape is wrapped around evenly.



Note: When you get to the corner, open your bias tape and fold/tuck the corner in to create a diagonal fold. Continue around all four sides.



Step 7: Sew through both sides of your bias tape and through the layers of fabric (about $\frac{1}{8}$ " in from the edge of the bias tape) all around.

Note: Make your stitches small so they're secure.

When you get to the end, tuck the extra bias tape in and sew closed. If you have at least 2" extra, you can fold the end in to create a loop for hanging.

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