

# Feelings

## Picture Books

[A Feel Better Book for Little Tempers](#) by Holly Brochmann and Leah Bowen

[Today I Feel Silly & Other Moods That Make My Day](#) by Jamie Lee Curtis

[You and Me and Everybody Else](#) by Marcos Farina

[Lizzy's Ups and Downs: Not and Ordinary School Day](#) by Jessica Harper

[Grump Groan Growl](#) by bell hooks

[Ira Crumb Feels the Feelings](#) by Naseem Hrab

[The Feelings Book](#) by Todd Parr

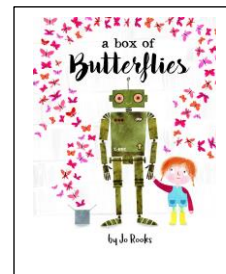
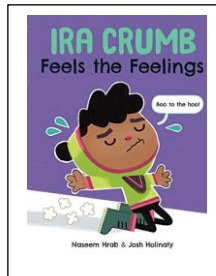
[Big Feelings](#) by Alexandra Penfold

[I Feel Teal](#) by Lauren Rille

[How Do You Feel?](#) By Lizzie Rockwell

[Somebody Cares](#) by Susan Farber Strauss

[Foodie Faces](#) by Bill and Claire Wurtzel



## Non-fiction

[Feeling Disappointed](#) (j152.4 BERRY)

[I'm Not Happy](#) (j152.4 GRAVES)

[Happy](#) (j152.4 HOUT)

[Emotions: Making Sense of Your Feelings](#) (j152.4 LAMIA)

[Visiting Feelings](#) (j152.4 RUBENSTEIN)

[A Box of Butterflies](#) (j152.412 ROOKS)

[This Makes Me Happy](#) (j152.42 CARBONE)

[The Feelings Book: the Care & Keeping of Your Emotions](#) (j155.433 MADISON)

[Who Feels Scared?](#) (j152.46 GRAVES)

[What to Do When It's Not Fair: a Kid's Guide to Handling Envy and Jealousy](#) (j152.48 TONER)

[Feeling Scared](#) (j155.412 CLARK)

[I Cry](#) (j612.84 MARISCO)

[What to Do When You're Cranky & Blue](#) (j618.928 CRIST)

