Feelings

**Picture Books**

*A Feel Better Book for Little Tempers* by Holly Brochmann and Leah Bowen

*Today I Feel Silly & Other Moods That Make My Day* by Jamie Lee Curtis

*You and Me and Everybody Else* by Marcos Farina

*Lizzy’s Ups and Downs: Not and Ordinary School Day* by Jessica Harper

*Grump Groan Growl* by bell hooks

*Ira Crumb Feels the Feelings* by Naseem Hrab

*The Feelings Book* by Todd Parr

*Big Feelings* by Alexandra Penfold

*I Feel Teal* by Lauren Rille

*How Do You Feel?* by Lizzie Rockwell

*Somebody Cares* by Susan Farber Strauss

*Foodie Faces* by Bill and Claire Wurtzel

**Non-fiction**

*Feeling Disappointed* (j152.4 BERRY)

*I’m Not Happy* (j152.4 GRAVES)

*Happy* (j152.4 HOUT)

*Emotions: Making Sense of Your Feelings* (j152.4 LAMIA)

*Visiting Feelings* (j152.4 RUBENSTEIN)

*A Box of Butterflies* (j152.412 ROOKS)

*This Makes Me Happy* (j152.42 CARBONE)

*The Feelings Book: the Care & Keeping of Your Emotions* (j155.433 MADISON)

*Who Feels Scared?* (j152.46 GRAVES)

*What to Do When It’s Not Fair: a Kid’s Guide to Handling Envy and Jealousy* (j152.48 TONER)

*Feeling Scared* (j155.412 CLARK)

*I Cry* (j612.84 MARISCO)

*What to Do When You’re Cranky & Blue* (j618.928 CRIST)

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