Neurodiversity & Mental Health YA Book List
Located in the NHFPL Electronic Databases & at the Library:

- **ADHD & Me: What I Learned from Lighting Fires at the Dinner Table** by Blake E.S. Taylor (nonfiction) - at the library
- **All in Pieces** by Suzanne Young - Hoopla
- **Challenger Deep** by Neal Shusterman – Hoopla
- **The Curious Incident of the Dog in the Night-Time** by Mark Haddon – at the library
- **The Disturbed Girl’s Dictionary** by NoNieqa Ramos - Hoopla
- **(Don’t) call me crazy: 33 voices start the conversation about mental health** edited by Kelly Jensen – at the library
- **Girls Like Us** by Gail Giles – Hoopla
- **Highly Illogical Behavior** by John Corey Whaley – at the library
- **History is All You Left Me** by Adam Silvera - Hoopla
- **How it Feels to Float** by Helena Fox – at the library
- **Just Breathe** by Cammie McGovern – Hoopla
- **Kids Like Us** by Hilary Ryel – at the library
- **The Last True Poets of the Sea** by Julia Drake – Hoopla
- **Lily and Dunkin** by Donna Gephart – at the library
- **Little & Lion** by Brandy Colbert – at the library
- **Made You Up** by Francesca Zappia – Freading
- **Marcelo in the Real World** by Francisco X. Stark – at the library
- **Med Head: My Knock-Down, Drag-Out, Drugged-Up Battle with My Brain** by James Patterson & Hal Friedman (nonfiction) - at the library
- **On the Spectrum** by Jennifer Gold - Hoopla
- **Same But Different: Teen Life on the Autism Express** by Holly Robinson Peete (nonfiction) - at the library
- **Schizo** by Nic Sheff – at the library
- **Sorta Like a Rock Star** by Matthew Quick – at the library
- **Turtles All the Way Down** by John Green – at the library
- **Unbroken: 13 Stories Starring Disabled Teens** edited by Marieke Nijkamp (nonfiction) - at the library
- **The Weight of Our Sky** by Hanna Alkaf - at the library
- **What She Found in the Woods** by Josephine Angelini – Hoopla
- **Words on Bathroom Walls** by Julia Walton – at the library
- **You Asked for Perfect** by Laura Silverman – Hoopla