



# Neurodiversity & Mental Health YA Book List

Located in the NHFPL Electronic Databases & at the Library:

[ADHD & Me: What I Learned from Lighting Fires at the Dinner Table](#) by Blake E.S. Taylor (nonfiction) - at the library

[All in Pieces](#) by Suzanne Young - Hoopla

[Challenger Deep](#) by Neal Shusterman – Hoopla

[The Curious Incident of the Dog in the Night-Time](#) by Mark Haddon – at the library

[The Disturbed Girl's Dictionary](#) by NoNieqa Ramos - Hoopla

[\(Don't\) call me crazy: 33 voices start the conversation about mental health](#) edited by Kelly Jensen – at the library

[Girls Like Us](#) by Gail Giles – Hoopla

[Highly Illogical Behavior](#) by John Corey Whaley – at the library

[History is All You Left Me](#) by Adam Silvera - Hoopla

[How it Feels to Float](#) by Helena Fox – at the library

[Just Breathe](#) by Cammie McGovern – Hoopla

[Kids Like Us](#) by Hilary Ryel – at the library

[The Last True Poets of the Sea](#) by Julia Drake – Hoopla

[Lily and Dunkin](#) by Donna Gephart – at the library

[Little & Lion](#) by Brandy Colbert – at the library

[Made You Up](#) by Francesca Zappia – Freading

[Marcelo in the Real World](#) by Francisco X. Stark – at the library

[Med Head: My Knock-Down, Drag-Out, Drugged-Up Battle with My Brain](#) by James Patterson & Hal Friedman (nonfiction) - at the library

[On the Spectrum](#) by Jennifer Gold - Hoopla

[Same But Different: Teen Life on the Autism Express](#) by Holly Robinson Peete (nonfiction) - at the library

[Schizo](#) by Nic Sheff – at the library

[Sorta Like a Rock Star](#) by Matthew Quick – at the library

[Turtles All the Way Down](#) by John Green – at the library

[Unbroken: 13 Stories Starring Disabled Teens](#) edited by Marieke Nijkamp (nonfiction) - at the library

[The Weight of Our Sky](#) by Hanna Alkaf - at the library

[What She Found in the Woods](#) by Josephine Angelini – Hoopla

[Words on Bathroom Walls](#) by Julia Walton – at the library

[You Asked for Perfect](#) by Laura Silverman – Hoopla