

# December 2019

## ADULT PROGRAMS

### Featured Events

#### Winter Holiday Celebration!

**Monday, December 2, 6 pm | MITCHELL**

Build gingerbread houses, make pop-up Christmas cards and other winter crafts to celebrate the holidays! For families and kids of all ages.

#### Democracy in Crisis: Conversations with New Haven Scholars

Join us for a second year of this series presented in partnership with Public Humanities at Yale. Monthly discussions will take place at Ives and Wilson Library.

#### Toni Morrison and the Question of Democracy

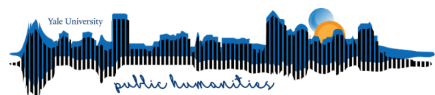
**Tuesday, December 3, 6 pm | IVES**

Daphne Brooks

#### Mr. Saund Goes to Washington

**Tuesday, December 17, 6 pm | WILSON**

Mary Lui



#### Inklings: Wilson Writers Group

Led by Lucy Gellman of the Arts Paper

**Tuesday, December 3, 6-8 pm | WILSON**

This month's theme will focus on the winter season and what it means to us. Join us for our monthly writing series to learn tools and techniques to take ownership over your story.

#### Pop-Up Makerspace:

Winter Wreath-Making Workshop

**Wednesday, December 4, 6-7 pm | STETSON**

Create your own winter wreath decoration.

Materials provided. For adults and families.

#### Amazon Information Session

**Thursday, December 5,**

**10:30 am-2:30 pm | IVES**

Join the team at one of our locations in North Haven, Wallingford, Milford, or Fairfield. Come learn about exciting opportunities where you could start earning up to \$17.40 an hour depending on shift and location.



#### Freddy Fixer Parade Pageant Registration

**Thursday, December 5, 5-6 pm | STETSON**

**Saturday, December 14, 12-3 pm | STETSON**

Come out and register for the Freddy Fixer Parade Pageant. Open to ages 2 through adult!

#### City of New Haven Lead Poisoning Prevention Education

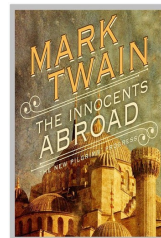
**Saturday, December 7, 10 am | FAIR HAVEN**

Elevated levels of lead in your home or workplace can pose significant health risks. The New Haven Department of Health will have info about lead and can answer your questions. Free giveaways to bring home!

#### Afternoon Book Club

**Monday December 9, 1 pm | MITCHELL**

This month there will be a discussion of *The Innocents Abroad* by Mark Twain. In 1867, Mark Twain and a group fellow-Americans toured Europe and the Holy Land, aboard a retired Civil War ship. After they returned he published this book as an account of his experiences and the thoughts he had along the way.

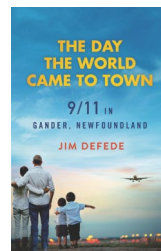


#### Fair Haven Book Club

**Monday, December 9, 2 pm**

**FAIR HAVEN**

Join the Book Club for an informal discussion of *The Day the World Came to Town*. Jim DeFede's book chronicles 9/11 when the small town of Gander, Newfoundland received thousands of stranded airline passengers headed to the US. Get details on the hospitality and goodwill shown to strangers during a dark time in history.



#### How to Stay Sane in a Crazy World

*Treat Yourself to an Oasis in the Overwhelm*

Do "bad emotions" attack you during the holiday season? You're not alone. Statistics show that depression, suicide rates, and overall anxiety peak in holiday times. Bring your real self to this gathering and Life Coach Millie Grenough will help you find practical ways to really enjoy these days.

#### Is all the Commercialism Around the Holidays Driving You Nuts?

**Monday, December 9, 6:30 pm | MITCHELL**

How to enjoy the beauty and lower the stress.

#### Francisco Palmieri The State Department: An Insider's View

**Tuesday, December 10, 2 pm | MITCHELL**

Francisco (Paco) Palmieri, a Senior Foreign Service Officer with 33 years of diplomatic experience, is currently a Senior Fellow at the Jackson Institute for Global Affairs. His impressive resume includes work with Secretaries of State, the National Security Council and the Bureau of Western Hemisphere Affairs. *Sponsored by HomeHaven.*

**Featured Events (Continued)**

**Body and Soul**

**Tuesday, December 10, 6-8 pm | WILSON**  
 Body and Soul are monthly programs, facilitated presentations and conversations on how to be healthier versions of ourselves with local experts and community members. This month's topic is Health Care and Health Care Policy. Free Dinner will be provided at each monthly program!

**Introduction to the Local History Room**

**Wednesday, December 11, 11:30 am-12:30 pm**  
**IVES**

Learn about our print and digital collections, and how to use the Library's online history and genealogy resources. Come with questions! Learn how to find what you are looking for. Hour introduction includes tour, hands-on practice, and Q&A. Register at [nhfpl.org/local-history](http://nhfpl.org/local-history)

**Junta's Know Your Rights Workshop**

**Thursday, December 12, 6 pm | Fair Haven**

Our friends at Junta for Progressive Action will explain what rights everyone has, how to exercise those rights, and what the best thing is to do in different situations you might find yourself in.



**Yale Medical School Research Presentation: How does Obesity and Diabetes Affect your Brain?**

**Monday, December 16, 6:30 pm | MITCHELL**

Dr. Janice Hwang and colleagues at Yale School of Medicine are studying the effects of diabetes and obesity on the brain particularly as it related to eating behavior and cognitive function. Come join us to hear what we've learned so far and what opportunities are available to get involved.

**Home Care VNA High Blood Pressure Screening**

**Tuesday, December 17, 11:30 am | Fair Haven**

Uncontrolled high blood pressure raises the risk for heart disease and stroke, which are leading causes of death in the United States. Home Care VNA will be performing high blood pressure screenings and providing helpful info. No appointment required. Learn more about Home Care's skilled nursing services and certified home health aide program.

**Freddie Fixer Parade Committee: Community Meeting**

**Wednesday, December 18, 6-8 pm | STETSON**

Community meetings are open to the public. Feel free to come and get involved!

**Film Screenings & Discussions**

**Friday Movie Matinees**

Celebrating the Holidays at Ives!

**Fridays in November, 2-4 pm**  
**IVES**

**December 6 | *Miracle Maker***

**December 13 | *Love Actually***

**December 20 | *Christmas Carol***

**December 27 | *The Holiday***



**Film Screening and Discussion Presented by Project Longevity**  
**Reconstruction: America After the Civil War (Part 1)**



**Saturday, December 7, 12 pm | FAIR HAVEN**

The series explores the transformative years following the American Civil War, when the nation struggled to rebuild itself. The Reconstruction era witnessed a seismic shift in the meaning and makeup of our democracy, with millions of former slaves and free black people seeking out their rightful place as equal citizens under the law.

**World Cinema: *The Triplets of Belleville***

**Saturday, December 14, 1 pm | FAIR HAVEN**

Frenchwoman Madame Souza becomes involved in international intrigue when her grandson, Champion is kidnapped and taken abroad. Joined by her dog, Bruno, Souza embarks to find him, and stumbles across three sisters. Tracking down Champion's criminal captors, the quartet of old women use their wits to try and win the day. Rated PG-13.

**Glance at the World Through Film**

***The Lunch Box* (India)**

**Saturday, December 14, 2 pm**  
**MITCHELL**

A mistaken delivery in Mumbai's famously efficient lunchbox delivery system connects a young housewife to an older man in the dusk of his life as they build a fantasy world together through notes in the lunchbox. (In Hindi and English.)



**Film Screening and Discussion Presented by Project Longevity**  
**Reconstruction: America After the Civil War (Part 2)**



**Saturday, December 28, 2 pm | WILSON**

The series explores the transformative years following the American Civil War. The Reconstruction era witnessed a seismic shift in the meaning and makeup of our democracy, with millions of former slaves and free black people seeking out their rightful place as equal citizens under the law.