

MAY 2017

ADULT PROGRAMS

Saturday May 6th from 10 am -2pm

Passport Registration at the Library!

US Post Office representatives can help you register for a passport or renew an old one. More information on what documents you need to bring, fees etc. can be found here: nhfpl.org

Saturday May 6th at 3pm

Breathwork for Stress Management and Meditation Workshop

Holistic Healer Lydia Mandell of New Haven Breathwork will guide participants.

Monday May 8th at 1pm

Afternoon Book Club

Join fellow library readers to discuss *The Buried Giant*, by Kazuo Ishigaro. Copies of this book are available at the library, Newcomers welcome!

Monday May 15th at 6pm

Introduction to Essential Oils and Relaxation

Holistic Healer Lydia Mandell of New Haven Breathwork will lead this informative workshop.

Saturday May 20th at 3pm Save Money –Try a Travel Homestay on Your Next Vacation!

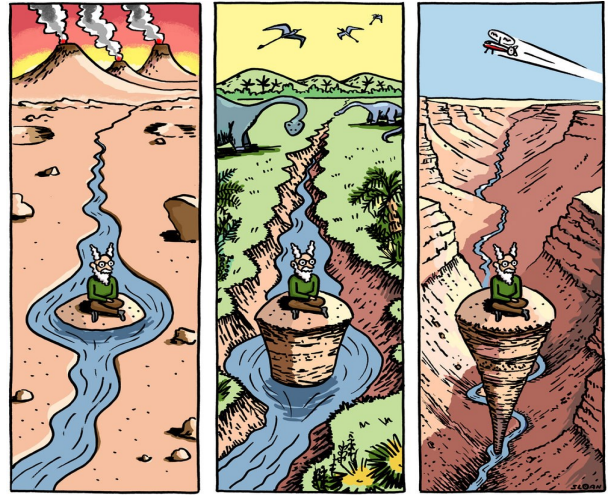
A step beyond Air B & B for those seeking a deeper cultural immersion when they travel. Presentation by Nina Lesiga, travel coach. Read more about her on her travel blog www.gottatravelsolo.com



Special Event!

Monday May 8th at 6pm

Art Opening and Talk by the Artist Michael Sloan



Michael Sloan is an illustrator, painter, musician, and the author of [The Zen of Nimbus](http://www.zenofnimbus.com/) comics and graphic novels. His illustrations have appeared in the pages of *The New York Times*, *The Wall Street Journal*, *The New Yorker*, and *The Washington Post*. Michael is currently working with the author Jake Halpern on [Welcome to the New World](http://www.welcometotheworld.com/), a graphic narrative that documents the lives of a Syrian refugee family who have recently arrived in the U.S. The Zen of Nimbus Comics can be found here: <http://www.zenofnimbus.com/>

ONGOING PROGRAMS

Monday Night English Class @ 6pm

Weekly conversational English Class, join anytime!

Wednesdays One on One Tech Help

Need help downloading a book or movie? Or applying for a job online? We can help! Please call to schedule an appointment: 203-946-8117

| Library Hours | |
|--|---------------|
| Monday 12-8 | Tuesday 12-6 |
| Wednesday 10-6 | Thursday 10-6 |
| Friday Closed | Saturday 10-5 |
| *All libraries will be closed for the Memorial Day Holiday May 27 & 29 | |

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