

# May 2016

## ADULT PROGRAMS

### Featured Events

#### Connecticut Small Business Development Center

**Tuesdays, May 3 & 17, 10 am-3 pm | Fair Haven**

Business Advisor Valeria G. Bisceglia is providing no-cost, confidential business advising services to small business owners and entrepreneurs in every stage of business development and growth. Take advantage of this excellent service!

#### Spring 2016 Entrepreneur Series: Doing Business with State & Federal Governments Wednesdays, May 4, 5:30-8 pm | Ives

Brought to you by New Haven SCORE and CT SBA and supported by Subway. These FREE workshops support entrepreneurs who are currently in the planning stages or ready to launch! To register go to: [spring2016entrepreneurseries.eventbrite.com](http://spring2016entrepreneurseries.eventbrite.com).

#### Celebrate Older Americans Month: 50+ Returned Peace Corps Volunteer Panel Saturday, May 7, 2-3:30 pm Ives

In honor of the 55th anniversary of the founding of the Peace Corps join Shannon McBride, Northeast Regional Recruiter for the Peace Corps, and Returned Peace Corps Volunteers who will discuss topics such as safety & security, health, staying in contact, and how Volunteers evolve as a result of their service experience.



#### Fair Haven Book Club

**Monday, May 9, 1:30 pm | Fair Haven**

Join our monthly book group for discussion and light refreshments! This month's discussion will be on works by author Elinor Lipman. Call 203.946.8115 for more information.

#### Solo Travel Bootcamp with Nina Lesiga

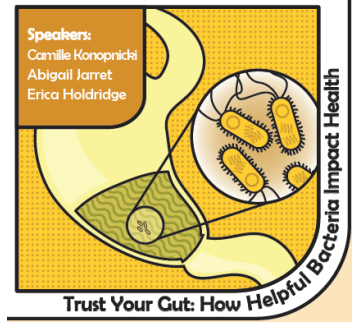
**Monday, May 9, 6:30 pm | Mitchell**

Solo travel is not just for singles anymore. Join Nina Lesiga for travel tips & strategies. Whether you have travelled solo before or just thinking about it, you'll get ideas, inspiration and practical tips about the "HOW" to have a vibrant, fun and rewarding solo trip! Please call to register 203.946.8117.

#### Yale Science Diplomats presents Science in the News 2016 at NHFPL! Trust Your Gut: How Helpful Bacteria Impact Health

**Thursday, May 12, 6:30 pm | Ives**

Yale Science Diplomats presents *Science in the News*, an annual public lecture series in four parts!



#### Financial Literacy Series

##### Making Change: Managing Your Money

**Tuesday, May 31, 5:30-7 pm**

Managing family money can be challenging! Faye Griffiths-Smith, Associate Extension Educator UConn Extension, provides an overview on how to gain more financial control with budgeting, reducing debt, saving, moving closer to financial goals and being prepared for unexpected events.

##### How to be an Informed Investor

**Tuesday, June 7, 5:30-7 pm**

Before investing, think about your financial situation and goals. Understand what questions to ask yourself and a potential advisor, and determine when to invest rather than save. Learn how to avoid common investment fraud scams. Teresa Dunbar, Associate Financial Examiner, Securities and Business Investments Division of the Connecticut Department of Banking and Banking Commissioner Jorge Perez will present.

#### Site Projects presents

##### Rick Lowe In Conversation Community Engaged Art + Social Sculpture

**Thursday, May 12, 10:30-12 pm | Ives**

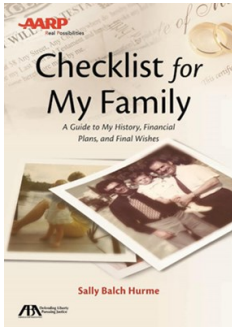
As the first part of Site Projects' 2-day public lecture and event series, artist Rick Low introduces his practice and work with *Project Row Houses*. To register and learn more, visit [www.siteprojects.org](http://www.siteprojects.org).



#### Yale School of Medicine & Stetson Library Annual Yale Community Health Fair

**Saturday, May 14, 1-5 pm | Stetson**

Join us and get the information you need from healthcare professionals. There will be HIV/AIDS testing, teeth cleaning, blood pressure/diabetes screening and more!



**Checklist For My Family by the American Bar Association and AARP**

**Monday, May 16, 4 pm | Mitchell**

Co-sponsored by HomeHaven. Beyond wills, advanced directives and powers of attorney, what must you do in advance to help your family? Sheilah Rostow, former bank trust officer, will talk

about the importance of tying up loose ends, using examples from the new book by AARP.

**Creating Bird-Friendly Habitat at Home with Audubon Connecticut**

**Saturday, May 21, 10 am - 12 pm | Mitchell**

Co-sponsored by Audubon CT and Urban Resource Initiative. Audubon CT's Katie Blake will lead an introductory workshop on planting for birds at home, whether in your backyard or apartment fire escape! She will discuss the importance of native plants, share online resources and even step outside for some prime habitat examples. To register call 203.946.8117.

**Second Annual Edible Book and Tea Party!**

**Saturday May 21, 2-4 pm | Mitchell**

In honor of the release of the movie *Through the Looking Glass* (based Lewis Carroll's sequel to *Alice's Adventures in Wonderland*), join us for an edible book and tea party.



Edible books are made of something you can eat and look like the book or something related to the story or characters. Create an edible book at home and drop off your edible book for public viewing between 2 to 3 pm. Edible book tasting and tea party from 3 to 4 pm. To register call 203.946.8117.

**Urban Life Experience Book Discussion Series**  
**Post Traumatic Slave Syndrome: America's Legacy of Enduring Injury and Healing by Dr. Joy DeGruy**

**Saturday, May 12, 12 pm | Wilson**

Join the Urban Life Experience Book Discussion Series for their next read! This book lays the groundwork for understanding how the past influences the present, and opens up the discussion of how we can use the strengths we have gained to heal.

**Résumé Seminar, Q&A, and Book Signing**  
**Wednesday, May 18, 6:15-7:30 pm | Ives**

NHFPL is proud to welcome Scott Bennett, author of Amazon.com's best selling résumé writing book: *The Elements of Résumé Style: Essential Rules for Writing Résumés and Cover Letters that Work*.

**Film Screenings & Discussions**

**Friday Movie Matinees**

**Fridays in May, 2-4 pm | Ives**

**May 6 | *Get On Up***

**May 13 | *Get Ready for Ricki***

**May 20 | *Bride & Prejudice***

**May 27 | *Strictly Ballroom***

James Brown, a rockin' Meryl Streep, Bollywood and the ballroom, join us for a month full of musicals on Friday afternoons!

**A Glance at the World through Film**

***The Violin***

**Saturday, May 14, 2 pm | Mitchell**

Running time: 98 minutes | Spanish with English subtitles

This 2005 Mexican film follows a Latin American family of musicians and farmers join a fearless guerilla movement attempting to overthrow the government. Film screening and discussion led by Westville film buff, Debby Evans.

**New Haven Bike Month and NHFPL present**  
***My Italian Secret: The Forgotten Heroes* with Filmmaker Oren Jacoby**

**Tuesday, May 24, 5:30 pm | Ives**

Running Time: 92 minutes

*My Italian Secret* tells the story of sports idol Gino Bartali and other courageous Italians who carried out ingenious schemes to rescue Jews, partisans and refugees from Nazi-occupied Italy. Gino Bartali is an Italian cycling hero; but his most daring triumph came when he risked his life over and over to save Jews threatened by Nazi extermination. Read the [New York Times Review by Ben Kenigsberg](#).



Gino Bartali in the Tour de France from a scene in the film *My Italian Secret* directed by Oren Jacoby ©