

EXAMINING A SHARED PRACTICE

works by Joan Bosson-Heenan

March 11—April 22, 2017

OPENING RECEPTION
March 21, 5:30-7:30pm
Ives Gallery



Portal
Watercolor
11" x 15"
2016

This exhibit of works by Joan Bosson-Heenan show a collection of abstract and simple object watercolors produced during a meditative practice. Her paintings explore remembered places, colors, and feelings. Bosson-Heenan uses these contemplative painting and drawing sittings to examine the art of practice, of painting for therapy rather than product, and for letting go of achievement and perfection.

Joan Bosson-Heenan is a mostly self-taught artist, with formal training in Art Therapy, best known for her work in research administration at Yale University and her role as a co-founding trustee of Elm City Montessori School. Her watercolor painting arose out of a meditative practice and a desire to create something. Joan often paints side-by-side with her seven year old daughter, as they experiment with varying medium and examine shared experiences and memories. Her goal is to communicate that everyone is an artist.